



Our Goal:
To empower
you to choose
and direct your
health care
while enabling
you to live
independently
in your home
and community.



**Independence and Control
Through Self-Directed
Attendant Care Services**

Arizona Offices

**Statewide Toll Free
1-888-398-8409**

Tucson

50 N. Alvernon Way
Tucson, AZ 85711-2801
Phone: (520) 398-8409
Fax: (520) 398-8413
Fax Toll Free: 1-877-398-8413

Prescott

222 W. Gurley Street #202C
Prescott, AZ 86301-3612
Fax toll free: 1-877-532-8572

Website:

www.ConsumerDirectOnline.net

Email:

infoAZ@ConsumerDirectOnline.net

Are In-Home Attendant Care Services Right for You?



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What is Consumer-directed Personal Care?

Consumer-directed care is available to individuals who need attendant care services in their home.

Self-directed care puts you in control, allowing you to arrange and direct your own services. You select, train and manage your caregiver who may be a trusted friend, neighbor or relative.

Individuals must be capable of directing their own services or arranging for a representative to act on their behalf.



Why Choose Consumer Direct Personal Care?

We have over ten years of experience in providing self-directed care. We specialize in this type of in-home care and work to make self-directed care easier to understand and achieve. Our professional and courteous staff will help you evaluate your needs and options. We manage the business-related services and most of the paperwork, including payroll and taxes. You manage your care.

Consumer Direct Personal Care strives to provide superior customer service and has helped thousands of people succeed in self-directing their own quality care while remaining in their homes and communities.

Attendant Care Offers Assistance With:

- Mobility and Walking
- Eating
- Dressing
- Bathing, Hygiene and Grooming
- Toileting and Incontinence Care
- Transfers and Positioning
- Meal Preparation
- Light Housekeeping
- Laundry
- Shopping and Errands
- Recreation and Socialization

**Consumer Direct Personal Care services are now available in Arizona
For more information and coverage areas call toll-free: 1-888-398-8409**