

Idaho Medicaid's PCS Program Offers Distinct Choices for In-Home Care

Available In-Home Services

Idaho Medicaid's Personal Care Services Program provides in-home services to Idaho Medicaid recipients (Consumers) who need assistance to continue to live at home, due to a qualifying disability or health condition. Personal Care Aides (PCAs) can be qualified and trained family members, friends, or neighbors whom the Consumer has chosen to provide their care.

Approved in-home services may include assistance with Activities of Daily Living (ADLs) such as:

- Bathing
- Dressing
- Grooming
- Toileting
- Contenance care
- Transfers
- Mobility
- Eating

In some situations, services may also include assistance with Instrumental Activities of Daily Living (IADLs) such as:

- Meal Preparation
- Light housekeeping
- Laundry
- Necessity shopping

Program Options

Idaho Medicaid Consumers have a choice between two distinct programs, **Provider Agency Care** and **Self-Directed Care** (Agency providing Fiscal Intermediary services). Consumers should become familiar with both options and choose the program that best meets their individual needs.

Provider Agency Care

Provider Agency Care is a traditional in-home care program available in Idaho wherever Provider Agencies are located. This option is designed for Consumers who want an agency to arrange and direct their care and services. The Consumer or their Personal Care Representative (PCR) delegates the primary decision-making authority and responsibility of their services and care to a Provider Agency. The PCAs are hired, trained, assigned, and supervised by the Provider Agency.

With input from the Consumer or their PCR, the Provider Agency develops a care plan and back-up plan. The Provider Agency maintains the employee/employer relationship with PCAs, schedules their assignments, and administrates the paperwork and fiscal services.

Self-Directed Care

Self-Directed Care is available statewide and is designed for Consumers who desire more independence and control over their personal care services and caregivers. Under this option, the Consumer or their PCR has the primary responsibility and authority to hire, train, schedule, and supervise, and dismiss their caregivers, if necessary. The Consumer maintains control over how and when care is provided, according to the approved tasks and hours on the care plan.

With guidance and support from a Fiscal Intermediary (FI) service organization, which provides fiscal and supportive services, the Consumer or their PCR develops a care plan and back-up plan, and directs their own care and services.



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Idaho Medicaid Personal Care Services Program

Idaho Medicaid’s Personal Care Services Program is designed to assist, support, and maintain recipients (Consumers) living independently in their homes and community. This program helps Consumers who need non-medical caregiver assistance to remain in the comfort and security of their own homes rather than be placed in an institutional setting.

Consumer Requirements:

- Eligible for “enhanced” Idaho Medicaid
- Health condition (chronic or temporary) or disability
- Require assistance with activities of daily living
- Open to all ages


Program Benefits:

- Provides eligible individuals with in-home, personal care assistance
- Presents alternatives to long-term care placement or assisted living

The purpose of this fact sheet is to help health & human services professionals and the consumer understand the two options that exist under the Medicaid Personal Care Services Program. This fact sheet is not a comprehensive list or description of all Medicaid in-home services.

<u>Provider Agency Option</u>
• Designed for Consumers who do not have the desire or ability to participate in, arrange, or direct their own care services
• The Consumer selects an <u>Agency</u> to provide their care for them
• The <u>Agency</u> is responsible for recruiting, interviewing, hiring, training, supervising, and scheduling caregivers
• The <u>Agency</u> assigns or reassigns caregivers; in some cases family members may apply for employment with the agency and will be subject to all agency requirements
• The Agency provides fiscal and personnel services
• Frequent supervisory visits performed by <u>Agency</u> (announced & unannounced) to ensure program compliance
• <u>Agency</u> provides backup plan
• The <u>Agency</u> maintains control of how the services are provided
• Available where Provider Agencies are located.

<u>Self-Directed Option</u>
• Designed for Consumers with the desire and ability to participate in, arrange and direct their own care services
• Consumers select an Fiscal Intermediary (FI) service organization to provide fiscal and supportive services, then manage their own care services
• The <u>Consumer</u> is responsible for recruiting, interviewing, hiring, training, supervising, scheduling caregivers and directing his/her personal care
• The <u>Consumer</u> has full control over selecting and scheduling caregivers. Family or friends may be trained and compensated to provide care
• FI provides fiscal & supportive services
• Initial visits are made by the <u>FI</u> for enrollment, as well as ongoing support as needed to assist consumer and caregiver with program compliance
• <u>FI</u> will assist Consumer in creating a backup plan
• <u>Consumer</u> directs how the services are provided or delegates control to their chosen personal care representative
• Available Statewide



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